



Customized living for young adults



- Community Reintegration
- Independent Living
- College Transition

As adolescents move into young adulthood, they will naturally seek out opportunities for living independently from their families. Leaving the comfort of home is usually the last step before officially joining the adult world. However, for young adults lacking the skills, confidence and experience in taking this step, the transition becomes a bit more complicated.

Young adults are faced with new challenges, most of which have little to do with what is taught in high school and college. Becoming self-reliant can be frightening; and for some, immobilizing. It's not easy! Dealing with the inherent issues of adulthood such as managing money, maintaining a living space, taking care of personal needs, preparing food, caring for clothing, using transportation, going to class and/or work all combine to put a serious strain on a young adult.

Tracks® by PRN provides customized services to young adults who are transitioning back into the community, a college living environment or an independent living situation. Using comprehensive wraparound services, our goal is to provide a seamless transition in order to empower the student as they reach this important milestone.



www.prnforfamilies.com • admissions@prnforfamilies.com • 888.762.5973 Toll-Free

Independent Living Services Offered

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- Young adults who have exhausted all community resources (students who have never left the home).
- 'Failure to Launch' students and young adults.
- Young adults entering/re-entering community college or university.
- Young adults reintegrating back into the community following a residential or treatment program.
- Young adults transitioning into their own apartment or independent living situation.
- Customized apartment living or supervised living situations.
- Networking services (matching services with the needs of the young adult).
- Independent living/life skills training for young adults in transition from high school to college, or a residential setting back to the community.
- Employment/community service opportunities.
- Admission/Re-admission into college.

LOCATION

Outreach coverage nationwide;
North/South America and Europe

LENGTH OF PROGRAM

One semester minimum, customized services
upon request

FREQUENCY OF CONTACT

Customized service packages include unlimited
contacts with immediate family. Weekly scheduled
calls with parents, semi-weekly calls with students.

STAFF LICENSURE & CREDENTIALS

Professional licensure or accreditation in
medical/human services related field

- Live-in mentors/advocates/sober living coaches.
- Placement in alternative or individualized school programs.
- Reparation of school transcripts.
- Special accommodations for students with disabilities.
- Preparation for SAT/ACT examinations.
- Love and Logic® (parenting strategies & support).
- Gorski-Cenaps® (relapse prevention model).
- Case management/consultation services.
- Random substance abuse screening.
- Behavior management techniques.
- Family assessment & evaluation.
- Concrete and advocacy services.
- Communication skills training.
- School interventions.
- Strong Interest Inventory®.
- Psychological counseling/emotional support.
- DBT/CBT support groups.
- Customized programming for every young adult's unique situation.

TYPE OF CONTACT

Face-to-face, video, teleconference, email

COST OF PROGRAM

Menu of services available upon request

INITIAL CONSULTATION FEES

Your initial telephone contact is free without
obligation. All face-to-face visits are billable.

CREDIT CARDS

All major credit cards accepted

INSURANCE COVERAGE

CAQH – Council for Affordable Quality
Healthcare Provider. All eligible insurance accepted

SPECIALIZATIONS

Neuro-developmental disorders • Spectrum disorders • Bipolar • Depression • Anxiety • OCD
Trauma/stress or related disorders • Impulse control & conduct disorders • Substance-related & addictive disorders • Personality disorders
Adoption • Educational/occupational problems • Problems related to primary support group, social environment & legal system